

**NEDERLAND HERITAGE FESTIVAL FUN RUN
SUNDAY, MARCH 4**

Event: 1 Mile Run & 5K
Where: Mile Race begin on Detroit Ave. behind visitor's stands of Bulldog Stadium. 5K @ corner of Atlanta & 17th Street
Course: All races will be run on Nederland streets with the finish line in Bulldog Stadium.
T-shirts: First 300 entrants will receive t-shirts.
Registration: Early entries received by March 2 - \$15.00/\$20.00 for both mile & 5K
Race Day Entry Fee - \$20.00/\$25.00 for both mile & 5K
Awards: Trophies will go to the 3 overall finishers in the male/female mile & 5K male & female.
Medals will be awarded to top 3 contestants in each age division.
Age Group: **1 Mile** -6 & under, 7, 8, 9, 10, 11, 12, 13-19, 20-39, 40 & over - Male & Female Division.
5K Run - 13 & under, 14 to 19, 20 to 29, 30 to 39, 40 & over - Male & Female Division.
Schedule: March 2 - last day for early registration
March 4 – Fun Run Day
12:00-1:30 p.m. check in, Race packet pick-up & late registration
2:00p.m. - Mile run for all males
2:20p.m. - Mile run for all females
2:40p.m. - 5k - for males & females

TIMES ARE APPROXIMATE

Awards ceremony: Awards will be given out as soon as results are tallied.
Information: Contact Sara Dial at 409.724.2269/Katie Roth at 409.543.9576 or on line at www.nederlandhf.org
To Enter: Detach and return completed form below with check to Nederland Heritage Festival
Mail form to: Nederland Heritage Festival
P. O. Box 1176
Nederland, TX 77627
Elementary: All Nederland elementary students can return his/her form with money to their P. E. Teachers at school.

Detach and return the lower portion

2012 Nederland Heritage Festival Fun Run Entry Form

Last Name, First Name

Telephone Number

Name of School you attend
Age as of 03-04-12 _____

I will participate in: ____ Male Mile ____ Female Mile ____ 5K Male ____ 5K Female Check race you want to enter

T-shirt - Choose one size Youth: ____ SM ____ Med. ____ Large Adult: ____ S ____ Med ____ Lg ____ XL

I hereby waive and release any and all claims for myself and my heirs against the Nederland Heritage Festival, Race Officials, City of Nederland, Nederland ISD and other sponsors of this race for any injury or illness which may directly or indirectly result from my participation in the 5K, Walker's Mile and/or 1 Mile Run. Entrant verifies that they are medically fit and have sufficiently trained for this race. Entry fee is not refundable. If entrant is under 18 years of age, a parent or guardian must sign the entry. I hereby grant full permission to use my name and any photographs, videotapes, or other records of this event for any purpose.

Signature Parent/Guardian sign if under 18 Date