

**NEDERLAND HERITAGE FESTIVAL FUN RUN
SUNDAY, FEBRUARY 28, 2010**

Events: 1 Mile Run
 Where: Races begin on Detroit Ave. behind visitor's stands of Bulldog Stadium .
 Course: All races will be run on Nederland streets with the finish line in Bulldog Stadium
 T-shirts: First 300 entrants will receive t-shirts.
 Registration: Early entries received by February 27 - \$15.00.
 Entries on race day - \$20.00.
 Awards: Trophies will go to the 3 overall finishers in the male/female mile.
 Medals will be awarded to top 3 contestants in each age division.

Age Group:	<u>1 Mile - Male</u>	<u>1 Mile Female</u>
	6 & under	6 & under
	7	7
	8	8
	9	9
	10	10
	11	11
	12	12
	13-19	13-19
	20-39	20-39
	40 & over	40 & over

Schedule: February 28
 12:00-1:30 p.m. check in, Race packet pick-up, Late Registration
 2:00p.m.- Mile run for all 6 & 7 year old boys and girls
 2:20p.m. - Mile run for all males 8 years and older
 2:40p.m. - Mile for all females 8 years old and older
TIMES ARE APPROXIMATE

Awards ceremony: Awards will be given out as soon as results are tallied.
 Information: Contact NHF Office at 409.724.2269 or on line at www.nederlandhf.org
 To Enter: Detach and return completed form below with check to Nederland Heritage Festival
 Mail form to: Scott Clemmons
 Nederland Heritage Festival
 P. O. Box 1176
 Nederland, TX 77627
 Elementary: All elementary students can return his/her form with money to their P. E. Teachers at school.

_____ B _____

2008 Nederland Heritage Festival Fun Run Entry Form

 Last Name, First Name, MI

 Telephone Number

Age as of 02-28-10 _____

I hereby waive and release any and all claims for myself and my heirs against the Nederland Heritage Festival, Race Officials, City of Nederland, Nederland ISD and other sponsors of this race for any injury or illness which may directly or indirectly result from my participation in the 1 Mile Run. Entrant verifies that they are medically fit and have sufficiently trained for this race. Entry fee is not refundable. If entrant is under 18 years of age, a parent or guardian must sign the entry. I hereby grant full permission to use my name and any photographs, video tapes, or other records of this event for any purpose.

<p>I will participate in:</p> <p>_____ Male Mile _____ Female Mile</p> <p>Check race you want to enter</p>

<p>T-shirt - Choose one size</p> <p>Youth: _____ SM _____ Med. _____ Large</p> <p>Adult: _____ S _____ Med _____ Lg _____ XL</p>
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Signature

Parent/Guardian sign if under 18

Date

(one entry form for each individual)